

SOAR! Donors Help Sisters Get Around

Being able to get in and out of a car, opening a heavy door, or walking down a long corridor are some things that may become more difficult as we age. Through the generosity of its donors, SOAR! provides grants to aging Catholic religious so that they can safely get around their Motherhouses, visit the doctor and continue to be as active as possible. When a Sister is more engaged with her community, both she and her community benefit!

Here are just a few ways 2018 grants helped Catholic Sisters get around:

The Carmelite Sisters of the Most Sacred Heart of Los Angeles received a \$25,000 grant for an accessible van. Accessible vans provide more than safety. They offer dignity without sacrificing the health of the Sister being transported or that of the Sister helping her. Vans mean aging religious can get to needed doctor's appointments, and even join the community on an occasional outing. As 87-year-old Sister Beatriz, O.C.D. says, "I can speak for all the elder Sisters when I say that the new mini-van we have drives so smoothly...and most importantly, we don't have to worry about breaking down on the freeway!"



Navigating the long corridors of the Motherhouse is now easier for some of the Dominican Sisters of Peace in Great Bend, Kansas. A \$8,238 grant from SOAR! helped the Sisters purchase two scooters and three lift chairs.

The scooters make navigating the hallways a breeze and mean that Sisters can remain active and continue their work. The lift chairs bring stability and safety to Sisters as they sit or stand, and mean they are not putting undue stress on their arms or shoulders.



The Daughters of Our Lady of the Garden in Middletown, CT minister to 3- and 4-years-olds at a Montessori Center. A \$14,175 grant from SOAR! for a walk-in whirlpool tub helps the Sisters with diabetes and back issues to relax and

relieve their aching joints. Most importantly, this keeps them at the ready for all the activity and joy that comes with caring for and educating young children.

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